

FRESH

FOR ACTIVE MEMBERS

SPECIALS

7 DAY SALE
MARCH 17 - 23

Organic Fuji Apples

Okanagan



REG \$1.99
\$1.49
/LB



25%
OFF

\$3.28/kg

Wild Onion

Nutburgers

All Varieties

Made in Rossland

TRUE
LOCAL

REG \$9.99
\$7.99
EA



20%
OFF

Organic Red Bell Peppers

Mexico



REG \$3.99
\$2.99
/LB



25%
OFF

\$6.58/kg

Organic Tommy Atkins Mangoes

Mexico



REG \$2.49
\$1.99
EA



20%
OFF

Organic Lemons (2lb Bag)

Mexico



REG \$6.99
\$4.99
EA



28%
OFF

Organic Navel Oranges (4lb Bag)

California



REG \$9.99
\$6.99
EA



30%
OFF



Fresh SPECIALS

7 DAY SALE
MARCH 17 - 23

Organic Red and Green Leaf Lettuce

Mexico



REG \$3.99
\$2.99
/LB

25%
OFF



\$6.58/kg

Origino Organic Long English Cucumbers



REG \$4.49
\$3.49
EA

22%
OFF



Organic Barlett Pears

Argentina



REG \$3.49
\$2.49
/LB

28%
OFF



\$5.48/kg

Emma Sliced Provolone

REG \$2.90
\$2.47
/100G

15%
OFF



St. André French Brie

REG \$5.40
\$4.59
/100G

15%
OFF



Yarrow Meadows Organic Farm Chicken Soup Bones

While Supplies Last!

REG \$3.64
\$2.00
/LB

45%
OFF

\$4.40/kg



SIGN UP & RECEIVE FRESH SPECIALS STRAIGHT TO YOUR INBOX EVERY THURSDAY!
VISIT WWW.KOOTENAY.COOP > [CLICK CONTACT US](#) > [SELECT FRESH SPECIALS](#)