

# FRESH

FOR ACTIVE MEMBERS

# SPECIALS

7 DAY SALE  
APRIL 21 - 27

## Okanagan's Choice Cheese Tubs



Shredded Parm ~ Asiago ~ Feta ~ 3 Cheese Blend

REG \$4.69  
**\$3.29**  
125G



30%  
OFF

Living Hygge

## Mountain Bites

Rosland  
All Varieties

TRUE  
LOCAL

New Staff Favourite!



REG \$3.99  
**\$2.99**  
EA

25%  
OFF

Gluten Free and Vegan!

## Organic Long English Cucumbers

Delta, BC



REG \$4.99  
**\$3.99**  
EA



20%  
OFF

## Organic Hass Avocados (2lb bag)

Mexico



REG \$5.99  
**\$4.99**  
EA



17%  
OFF

## Organic Broccoli

Mexico



REG \$3.49  
**\$2.99**  
/LB



14%  
OFF

\$6.58/kg

## Organic Peppers

California  
Red ~ Orange ~ Yellow



REG \$4.99  
**\$3.49**  
/LB



30%  
OFF

\$7.68/kg



# Fresh SPECIALS

7 DAY SALE  
APRIL 21- 27

## Organic Bulk Beets

Mexico



REG \$2.49  
**\$1.99**  
/LB

20%  
OFF



\$4.38/kg

## Organic Mangoes

Tommy Atkins ~ Ataulfo  
Mexico



REG \$2.99  
**\$2.29**  
EA

23%  
OFF



## Organic Strawberries (1lb pack)

Mexico



REG \$6.99  
**\$4.99**  
EA

29%  
OFF



## Organic Spartan Apples

Okanagan



REG \$1.99  
**\$1.49**  
/LB

25%  
OFF



\$3.28/kg

## Cow's Creamery Extra Old Cheddar

PEI



REG \$4.20  
**\$3.15**  
/100G

25%  
OFF



## St. Andre Triple Cream Brie

France

REG \$5.40  
**\$3.24**  
/100G

40%  
OFF



SIGN UP & RECEIVE FRESH SPECIALS STRAIGHT TO YOUR INBOX EVERY THURSDAY!  
VISIT [WWW.KOOTENAY.COOP](http://WWW.KOOTENAY.COOP) > CLICK CONTACT US > SELECT FRESH SPECIALS