

WEEKLY

for active members

SPECIALS

7-DAY SALE
AUGUST 4 - 10

Organic Peaches

Okanagan



REG \$3.99
\$2.99
/LB



SAVE \$1

Organic Lapin Cherries

Okanagan



REG \$6.99
\$5.99
/LB



SAVE \$1

Organic Blueberries

Lower Mainland



REG \$6.99	5LB CASE	10LB CASE
\$5.99	REG \$34.99	REG \$64.99
/LB	\$25.99	\$49.99

SAVE \$1 | SAVE \$9 | SAVE \$15

Organic Watermelon

Okanagan & California

REG \$1.79
\$1.29
/LB



27%
OFF



Organic Avocados

Mexico

REG \$2.49
\$1.99
EA



20%
OFF



Organic New Nugget Potatoes (1lb bag)

Lower Mainland, BC

REG \$3.49
\$2.99
EA



14%
OFF



Organic Red & Green Leaf Lettuce

Local Farms

REG \$3.99
\$3.49
/LB



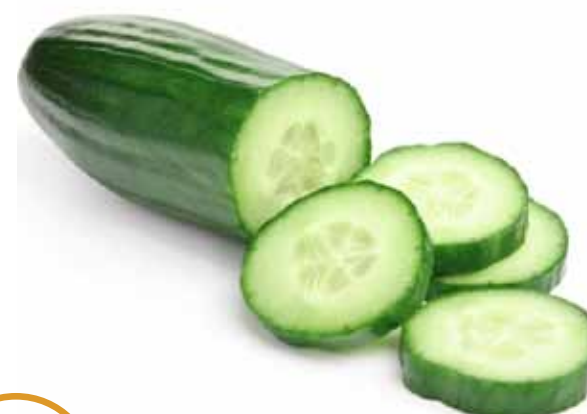
12%
OFF



Organic Long English Cucumbers

BC Hothouse & Linden Lane Farm

REG \$4.99
\$3.99
EA



SAVE \$1



Tipiland Organic Produce

Purple & Green Kale

Argenta, BC

REG \$3.49
\$2.99
EA



14%
OFF



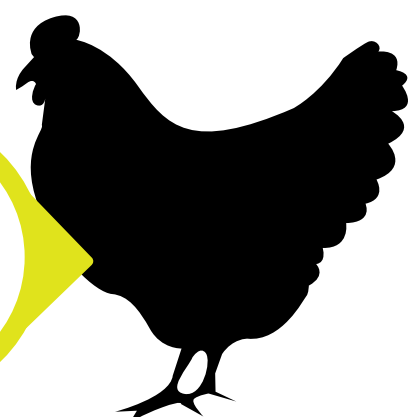
Raw Chicken Dog Food

Free range, antibiotic free
Fraser Valley, BC



REG \$2.99
\$2.49
/LB

16%
OFF



BUTCHER SHOP

MORE
SPECIALS
IN STORE

J2 Ranch

Wagyu Beef Burgers

All varieties
Canal Flats, BC

REG \$11.49
\$10.39
/LB

10%
OFF

