

WEEKLY

for active members

SPECIALS

7-DAY SALE
SEPTEMBER 8-14

Seven Summits Coffee Co. Cold Brew Coffee

On Tap
Rossland, BC



20%
OFF

REG \$8.49
\$6.79
/KG



Glade Valley Gardens Organic Cherry Tomatoes

Glade, BC



REG \$4.99
\$3.99
EA



SAVE \$1

Tipiland Organic Produce & Earth Temple Gardens Organic Leaf Lettuce

Red ~ Green
Argenta, BC

REG \$3.99
\$3.49
/LB



12%
OFF



Organic Peaches

White ~ Yellow
Okanagan, BC



REG \$3.99
\$2.99
/LB



SAVE \$1

Organic Nectarines

Okanagan, BC



REG \$3.99
\$2.99
/LB



SAVE \$1

Organic Himrod Grapes 2L Box

Okanagan, BC



REG \$6.99
\$5.99
/EA



SAVE \$1

Kettle River Farm Organic Corn on the Cob

Grand Forks, BC

23%
OFF

REG \$1.29
\$0.99
EA



Tipiland Organic Produce Organic Kale

Purple ~ Green
Argenta, BC

14%
OFF

REG \$3.49
\$2.99
EA



Smoked Salmon Nuggets

Maple ~ Original ~ Peppercorn

10%
OFF



Cripple Crow Ranch Organic Whole Chicken

Winlaw, BC



10%
OFF



Cripple Crow Ranch Organic Boneless Chicken Breast

Winlaw, BC

10%
OFF



J2 Ranch Bison

Top Round Roast ~ Ribeye Steak
Canal Flats, BC



10%
OFF



Pasture Raised