

PRICING FOR MEMBERS ONLY
EASY TO JOIN

Kootenay

co-op

ON SPECIAL = THIS WEEK =

Prices are for members only while supplies last. We reserve the right to correct errors.

7-DAY SALE JUNE 29 - JULY 5



ORGANIC TRUE LOCAL

\$4.99
EA
14% OFF

Red Lion Organic Farms
Organic Potted Herbs
Basil ~ Sage ~ Thyme ~ Mint | Salmo, BC



FROM BC ORGANIC

\$5.99
/LB
25% OFF
\$13.18/kg

Organic Cherries
Okanagan



TRUE LOCAL

\$8.89
/LB
SAVE \$1.60
\$19.56/kg

Tarzwell Farms
Beef Patties
Creston, BC



ORGANIC TRUE LOCAL

13% OFF

Red Lion Organic Farms
Organic Lettuce
Romaine ~ Butter Leaf | Salmo, BC

3-DAY SALE JUNE 29 - JULY 1



TRUE LOCAL

\$7.64
/KG
10% OFF

Kootenay Kombucha
Kombucha (on tap)
All Varieties | South Slokan, BC
Bottled Kombucha also on sale



FROM BC

10% OFF

Blue Goose Cattle Co.
Steaks
Striploin ~ Ribeye | South Cariboo, BC



FROM BC ORGANIC

\$2.99
/LB
25% OFF
\$5.48/kg

Organic Warba Nugget Potatoes



ORGANIC

\$4.99
EA
29% OFF

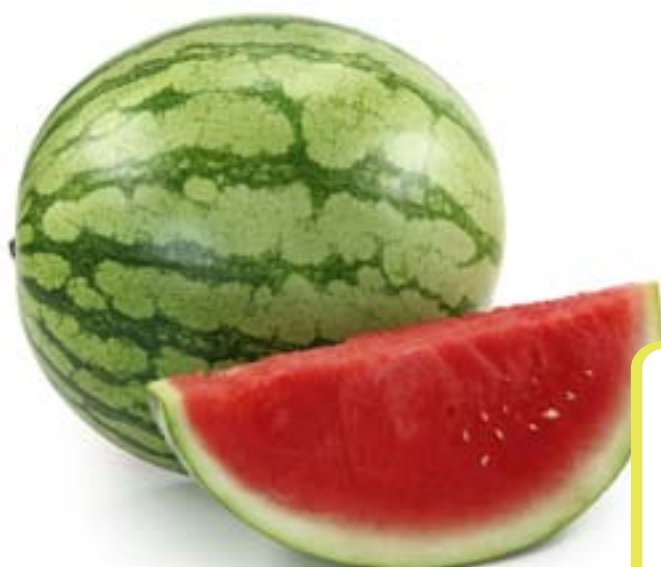
Organic Strawberries (1lb pack)
or \$34.99 per 8lb flat | California



FROM BC

\$8.39
/LB
SAVE \$1.50
\$18.46/kg

Blue Goose Cattle Co.
Maui Style Short Ribs
South Cariboo, BC



ORGANIC

\$1.29
/LB
28% OFF
\$2.84/kg

Organic Watermelon
California/Mexico
Mini watermelon also on sale



MAPLE

\$2.99
168G
36% OFF

Arla
Havarti Snack Bars



\$13.59
/LB
SAVE \$2.40
\$29.90/kg

Albion Fisheries
Steelhead Fillets
Ocean Wise

EAT WELL. BE WELL.