

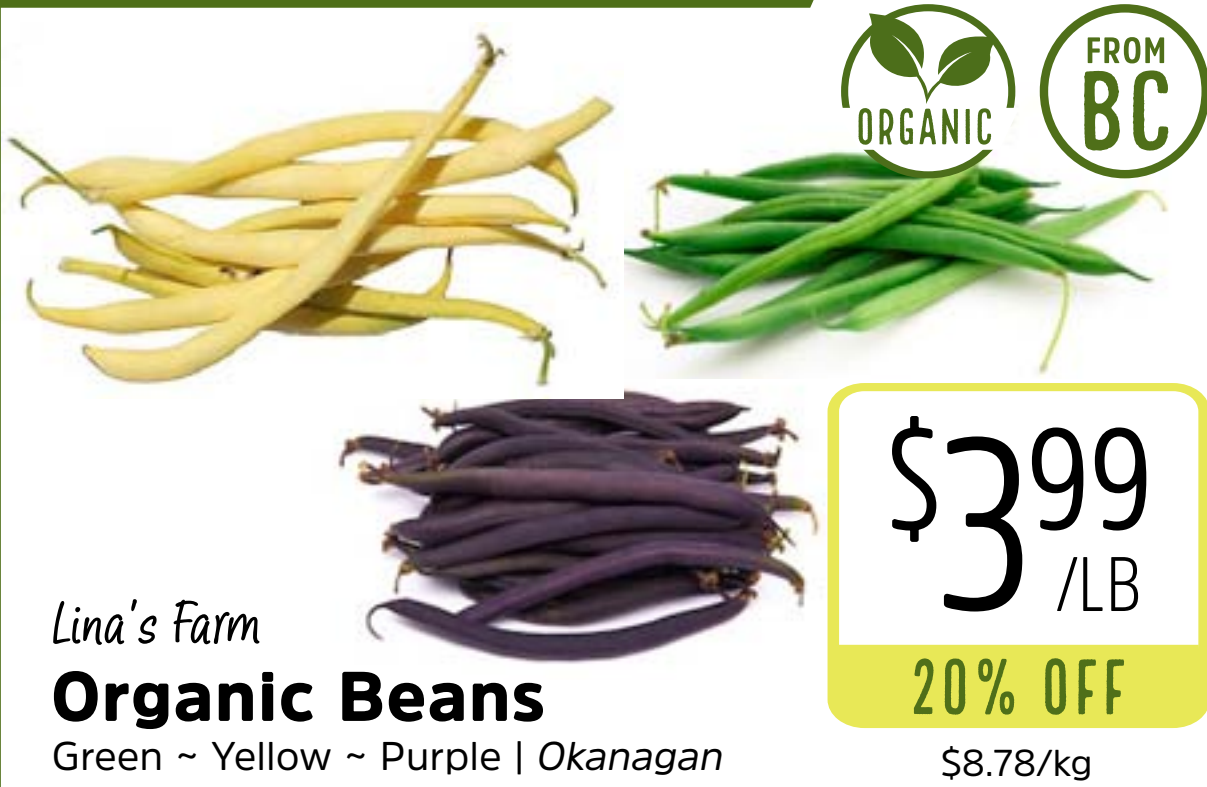
PRICING FOR MEMBERS ONLY  
**EASY TO JOIN**

# Kootenay co-op

## ON SPECIAL = THIS WEEK =

Prices are for members only while supplies last. We reserve the right to correct errors.

### 8-DAY SALE OCTOBER 4 - 11



**Organic Beans**  
Green ~ Yellow ~ Purple | Okanagan

**\$3<sup>99</sup>** /LB  
20% OFF  
\$8.78/kg

*Lina's Farm*

ORGANIC FROM BC



**Organic Carrots**  
(10lb bag)

**\$15<sup>99</sup>** EA  
20% OFF

*Canyon City Farm*  
Creston, BC

ORGANIC TRUE LOCAL



**Organic Pie Pumpkins**  
Grand Forks, BC

**\$1<sup>99</sup>** /LB  
20% OFF  
\$4.38/kg

*Kettle River Farm*

ORGANIC TRUE LOCAL



**Organic Brussels Sprouts**  
California

**\$7<sup>99</sup>** /LB  
20% OFF  
\$17.58/kg

ORGANIC



**Organic Cranberries**  
(8oz bag)

**\$2<sup>99</sup>** EA  
25% OFF

*Quebec*

ORGANIC



**Organic Apples**  
Gala ~ Ambrosia | Okanagan

**\$1<sup>79</sup>** /LB  
28% OFF  
\$3.94/kg

ORGANIC FROM BC



**Organic Grapes**  
(2L clamshell)

**\$6<sup>99</sup>** EA  
22% OFF

*Concorde ~ Himrod | Okanagan*

ORGANIC



**Organic Yellow Potatoes**  
(5lb bag)

**\$6<sup>99</sup>** EA  
SAVE \$1

ORGANIC FROM BC



**Pasture-raised Hams**  
Bone in ~ Boneless  
Fort Steele, BC

**10% OFF**

*Cutter Ranch*

TRUE LOCAL



**Raw Organic Alpine Cheese**

**\$6<sup>21</sup>** /100G  
10% OFF

*Alfred Le Fermier*

ORGANIC



**Organic Whole Chickens**  
Slocan Valley, BC

**\$8<sup>54</sup>** /LB  
10% OFF  
\$18.79/kg

ORGANIC TRUE LOCAL



**Lamb Leg Roasts**  
Bone in

**\$11<sup>99</sup>** /LB  
REGULAR PRICE  
\$26.38/kg

FROM BC

## EAT WELL. BE WELL.